

PROTEIN

- 5½ lbs. Ground Beef (93% or leaner)

PRODUCE

- Sliced avocado (optional)
- ½ c. + 1 medium onion, diced
- 3 t. minced garlic

DRY GOODS/PANTRY

- 2 cans (14½ ounces each) reduced-sodium beef broth
- 1 can (28 ounces) crushed tomatoes
- 2 cans (8 ounces) tomato sauce
- 1 can (10 ounces) diced tomatoes with mild green chiles
- 1 can (15 ounces) sweet corn, drained
- 1 can (19 ounces) mild enchilada sauce
- 1 can (4 ounces) diced green chilies
- 1 can (15 ounces) black beans, drained and rinsed
- 1 can (15 ounces) kidney beans, drained and rinsed
- 2 packets (1 ounce each) taco seasoning mix
- 8 sliced flour tortillas (¼ inch strips, optional)
- 2 T. cornmeal or masa harina
- ¾ c. panko breadcrumbs
- 2 t. olive oil, divided
- 2 t. chili powder
- 1 t. ground cumin
- ¼ t. cayenne pepper
- 1 t. dried thyme
- ¾ t. pepper
- ½ t. salt
- 8 bags (1 to 2 ounces each) FRITOS Corn Chips
- ¾ c. ketchup, divided
- 1 T. Worcestershire sauce

REFRIGERATOR

- 1 ½ cups shredded Cheddar cheese
- Sour cream (optional)
- 1 egg
- 1½ cups beer (12 ounce can)

FULL RECIPES:

[Beef Enchilada Soup](#)

[Big Game FRITOS Pie](#)

[Classic Beef Meatloaf](#)