GROCERY LIST



PROTEIN

- 2 beef Strip Steaks, Boneless, cut 1 in. thick (8 oz. each)
- 2 beef Tenderloin Steaks (Filet Mignon), cut 2 in. thick
- 1 beef Top Round Steak, cut 1 ½ in. thick (about 2 lbs.)

PRODUCE

- 3 lemons
- 1 lb. sliced mushrooms
- ½ cup minced shallots
- 3 cloves garlic
- 1 sprig fresh rosemary
- 3 sprigs fresh thyme
- 1 ½ Tbsp. chopped fresh chives
- 1 Tbsp. chopped fresh parsley leaves
- 2 tsp. chopped fresh tarragon or chervil
- 1 lb. fresh asparagus, trimmed
- 8 boiler (pearl) onions, peeled

DRY GOODS/PANTRY

- 1 3/4 tsp. salt
- 1 1/4 tsp. pepper
- 2 Tbsp. brandy
- 1 Tbsp. Dijon-style mustard
- 2 Tbsp. Worcestershire sauce
- ¾ cup reduced-sodium beef broth
- 2 Tbsp. olive oil
- 1 Tbsp. soy sauce

REFRIGERATOR

- 1/3 cup whipping cream
- 5 Tbsp. butter

FULL RECIPES

Classic Steak Diane

Sous Vide Tenderloin Steaks with Asparagus and Onions

Classic London Broil