

# GROCERY LIST



## PROTEIN

- 3-4 lb. Beef Brisket
- 2, 8-10 oz. Beef Filet Steaks
- 2, 12 oz. Boneless Ribeye Steaks
- Bacon

## PRODUCE

- Garlic cloves
- Fresh chives
- Green onions
- Fresh parsley
- Lemon
- Asparagus
- Fingerling potatoes

## DRY GOODS/PANTRY

- Olive oil
- ½ cup apple cider vinegar
- Brown sugar
- Sugar
- 1 tsp. onion powder
- 1 tsp. garlic powder
- ½ tsp. cumin
- ¾ tsp. mustard powder
- 1 tsp. Dijon mustard
- 2 tbsp. Paprika
- 1 ½ tsp. chili powder
- Salt
- Pepper
- Cayenne pepper
- Worcestershire sauce

## FULL RECIPES:

Bacon Wrapped Filet with Cowboy Butter

Slow Cooker BBQ Beef Brisket

Grilled Ribeye Steaks and Potatoes with Smoky Paprika Rub

## REFRIDGERATOR

- 5 tbsp. butter
- ½ cup sour cream (may sub plain Greek yogurt)