GROCERY LIST



PROTEIN

- 1 beef Rib Roast Bone-In (2 to 4 ribs), small end, 6-8 lbs
- 6 oz cooked beef, shredded or chopped into bite-size pieces

PRODUCE

- ¼ cup + 2 Tbsp minced shallots
- 2 Tbsp + 1 tsp minced fresh thyme

DRY GOODS/PANTRY

- 1 1/8 tsp coarse grind black pepper
- 1 cup reduced-sodium beef broth
- 1 cup dry red wine
- ½ cup dried cherries or cranberries
- 2 tsp cornstarch
- 4 medium flour tortillas (8 to 10 in. diameter)
- 1 can (4 oz) chopped or diced green chilies, drained

REFRIGERATOR

- 1 Tbsp unsalted butter
- 4 large eggs
- 1 cup shredded reduced-fat Mexican cheese blend

FULL RECIPES

Beef Rib Roast with Red Wine Cherry Sauce

Shredded Beef & Egg Quesadillas