

GROCERY LIST



PROTEIN

- 1 beef Top Round Steak, 1 inch thick (about 1 ¾ lbs)
- 1 lb beef Top Sirloin Steak, Boneless

PRODUCE

- 1/3 cup + 3 Tbsp fresh lime juice
- 2 oranges, peeled, diced
- 1 small red onion, chopped
- 1 jalapeño pepper, seeded, minced
- 4 cups fresh stir-fry vegetable blend (about 10 to 12 oz)
- ½ cup red bell pepper strips
- ¼ cup chopped fresh cilantro
- 3 Tbsp minced fresh ginger
- 1 Tbsp + 2 tsp minced garlic

DRY GOODS/PANTRY

- ½ cup tequila
- 2 cups hot cooked brown rice
- 2 Tbsp soy sauce
- 1 Tbsp dry sherry
- 4 Tbsp olive oil
- 1 Tbsp vegetable oil
- 1 tsp cornstarch
- 1 tsp sugar
- 1½ tsp salt
- 1½ tsp dried oregano leaves
- ¼ tsp ground red pepper
- 1½ tsp crushed red pepper
- Coarsely chopped dry-roasted peanuts (optional)

REFRIGERATOR

- 2/3 cup frozen orange juice concentrate, defrosted

FULL RECIPES

[Margarita Beef with Orange Salsa](#)

[Sizzling Asian Stir-Fry](#)