

GROCERY LIST



PROTEIN

- 1 lb Ground Beef
- 1 lb beef Top Sirloin Boneless or Top Round Steak, cut ¾ inch thick
- 8 oz frozen fully cooked beef meatballs

PRODUCE

- 2 cups coarsely chopped romaine lettuce

DRY GOODS/PANTRY

- 2 tsp rubbed sage
- 1 tsp garlic powder
- 1 tsp onion powder
- ½ tsp salt
- ½ tsp crushed red pepper
- 1 Tbsp taco seasoning
- ½ cup prepared non-creamy Caesar dressing
- ½ cup salsa
- 4 hoagie rolls (6 inches long each), split
- 12 corn tortillas

REFRIGERATOR

- ¼ cup shredded Parmesan cheese
- 2 cups shredded Mexican cheese blend
- Sour cream (optional)

FULL RECIPES

[Basic Country Beef Breakfast Sausage](#)

[Caesar Steak Sandwiches](#)

[Air Fryer Meatball Taquitos](#)