

PROTEIN

- 2 beef Flat Iron Steaks (about 8 oz each)
- 1 beef Inside Skirt Steak (about 1 lb)
- 1 lb lean Ground Beef

PRODUCE

- 1 ½ cups diced apple or Asian pear
- 1 lemon, zested & juiced
- 2/3 cup diced onion + 1 small yellow onion
- 2 Tbsp minced shallots
- 1 carrot, cut into matchsticks (2-3 inches long)
- 2 red bell peppers, cut into matchsticks (2-3 inches long)
- 1 yellow bell pepper, cut into matchsticks (2-3 inches long)
- 1 zucchini, cut into matchsticks (2-3 inches long)
- 8 oz fresh green beans, trimmed & cut into 2-inch pieces
- 12 large green or red butter or Bibb lettuce leaves
- Microgreens (optional topping)
- 2 tsp minced garlic + 3 cloves, minced
- 3 tsp fresh ginger

DRY GOODS/PANTRY

- ½ cup apple cider vinegar
- ¼ cup balsamic vinegar
- 2 ½ tsp sesame oil
- 1/3 cup coconut aminos
- 2 Tbsp Worcestershire sauce
- 1 tsp chili garlic sauce
- ¼ cup unsalted beef broth
- 3 Tbsp red or brown miso paste, divided
- 1 tsp honey
- ¾ cup + 1 Tbsp packed brown sugar
- 1 tsp ground Korean-style red pepper
- 1 tsp Italian seasoning
- ½ tsp salt
- ½ tsp pepper
- Sesame seeds (optional topping)
- Chopped peanuts (optional topping)
- White rice (for serving)

REFRIGERATOR

- 2 tsp butter

FULL RECIPES

[Beef Bulgogi Lettuce Wraps](#)

[Balsamic-Glazed Skirt Steak Beef Rolls](#)

[Ground Beef Stir Fry](#)