

GROCERY LIST



PROTEIN

- 1 lb beef Flank Steak
- 1 lb beef Top Sirloin Steak, cut 1 inch thick

PRODUCE

- 2 Tbsp minced green onions
- 1 Tbsp minced garlic
- 2 tsp minced fresh ginger
- Broccoli florets
- Shitake mushrooms
- Shredded carrots
- Fresh bean sprouts
- Sugar snap peas
- Bell peppers

DRY GOODS/PANTRY

- 2 Tbsp reduced-sodium soy sauce
- Korean red chili sauce (Gochujang)
- ½ cup prepared stir fry sauce
- 1 Tbsp packed brown sugar
- 1 Tbsp sesame oil
- Hot cooked brown rice
- ¼ tsp crushed red pepper
- 2 Tbsp unsalted dry-roasted peanuts

FULL RECIPES

[Bibimbap-Style Korean-Marinated Flank Steak](#)

[Asian Beef Stir-Fry](#)